



SQUAMISH GIRLS ROCK



2010 APPLICATION FORM

Applications must be received by: June 22nd, 2010

Completed applications should include three things: this form completed, and two attachments: your answers to questions 1 – 3 on a separate piece of paper and your ‘arty’ response to question 4. Thank you.

Name: First _____ Last _____ Nickname _____

Mailing Address

_____ Community _____ Postal Code _____

Email address: _____ Phone _____ / _____
Home Cell

Birthdate: _____
Year Month Day

Your answers will help us to get to know you and why you are interested in the program.

1. Why do you want to participate in the Squamish Girls Rock program?
Please list your top three reasons.
2. How will you help create a positive group experience during Squamish Girls Rock?
3. During Squamish Girls Rock there will be various challenges...ranging from physical ones such as carrying a heavy pack to emotional ones such as placing your trust in others.
Please describe a challenge that you have faced and how have you worked through it?
4. Please provide something that describes what you think or feel about adventure and the environment. Submit a couple of paragraphs or a poem or send us a drawing or another art form. Express yourself ‘your way’ and submit it with the application form and answer sheet.

Note: If there are more than twelve eligible applicants, program participants will be chosen through a draw. Then a registration package will be mailed to participants. It will include requests for information about basic health and fitness and parent/guardian approval for your participation. Squamish Girls Rock will provide a parent information night in mid- August.

Submit applications by mail to:

Squamish Girls Rock, c/o 3176 West 36th Avenue, Vancouver, V6N 2R5

Or Drop them off at: Squamish Adventure Centre, 101-38551 Loggers Lane, Squamish

TO LEARN MORE ABOUT SQUAMISH GIRLS ROCK PLEASE VISIT:

www.squamishgirlsrock.com

or E-mail us at: **info@squamishgirlsrock.com** or Toll free Phone 1-866-572-6022

WELCOME TO SQUAMISH GIRLS ROCK!!

AUGUST 29 – SEPTEMBER 3, 2010

Squamish Girls Rock is an outdoor adventure program for teen girls in the sea to sky corridor.

The mission of our program is to empower young women to gain personal and physical strength through the pursuit of outdoor activities. Along the journey we hope to promote the concept of leadership and team building, learn new skills, and create lasting friendships.

Twelve young women from the Squamish community will be selected to participate in the week long program August 29 – September 2010. Program highlights include **rock climbing, art, a high ropes course, backpacking and cultural history** with the Squamish First Nations.

Squamish Girls Rock came about through the Aidan Oloman Memorial Fund which was established for a young woman who was an inspiring rock climber and Squamish resident. Aidan was always ready for a new adventure, believing in her strength as a woman to face whatever challenge lay ahead.

The program is staffed by highly qualified certified Association of Canadian Mountain Guides and educators who were friends of Aidan's and it is hosted by the Adventure Studies Department of Thompson Rivers University (TRU). Due to the generosity of the instructors, the contributors to the Aidan Oloman fund (held by the Vancouver Foundation), TRU, corporate donors including Mountain Equipment Coop, Arcteryx and others we are able to provide the program at the nominal cost of \$50.

Program cost for the week is \$50.

Bursaries are available for anyone to whom this cost is a barrier

APPLICATION FORM IS ATTACHED

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For more information on the program please visit www.squamishgirlsrock.com or phone 1-866-572-6022.

